

Xaalada Degdega ee Caafimaadka Dadweynaha

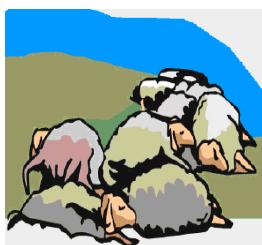


Xaaladda degdega ee caafimaadka dadweynaha waxa ka mid xanuunada dilaaca, xaaladaha degdega ah ee nolloaha iyo kiimikada, ama aafada dabiiciga ah.

Xarumaha xakamaynta xanuunada iyo Kahortagga waxay kugu dhiirigelinayaan inaad diyaarsato xidhmo xaalad degdeg si aad u isticmaasho marka aafo dhacdo.



Weerar aragagixiso maadad noole



adeegsada waa sii dayn fayrus ula kaca, bakteeriya ama jeermis kale (loo yaqaan 'akiilo") oo loo adeegsado si ay u dhaliyaan jirro ama dhimasho dad, xoolo iyo dhir.

Wakiilada noolaha waxa lagu fidin karaa hawada, biyaha ama cuntada.

Argagixisadu waxay isticmaali karaan wakiilada noolaha waayo aad ayey u adag tahay sida lagu garto oo waxa laga yaaba in aanay xanuun keenin dhawr saacdood ama dhawr maal mood.



Wakiilda noolaha qaarkood, sida fayruska furuqa, wuxu ku fidi kara min qof ilaa qof kale, qaarna sida 'anthrax', ma aha.

Waaxda caafimaadka dadweynaha ayaa koley xoog uga shaqeeyey sam aynta qorshe lagu qaybinayo dawooyin oo la siinayo talaal dadweynaha marka ay jiraan xaalad caafimaad oo degdega.



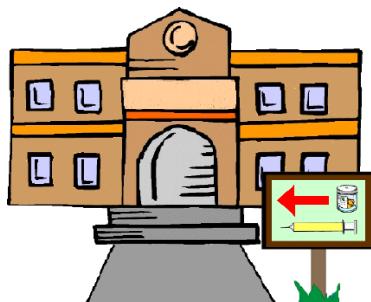
Qorshaha hargabka ifilada (safka)



Waa laga yaabaa inaad maqashay 'hargabka shimbiraha' eek u faafay adduunka. Bulshooyin badan ayaa kobciyey

kooxo si ay u kobciyaan qorshaha jawaabta hargab saf ah oo suuragal sida kan oo kale. Kooxahaasi waxa sida badan ay kooban yihii xubnaha dawladda hoose, wakaaladaha caafimaadka dadweynaha, isbitaalada, guryaha dadka waaweyn, wakaaladaha caafimaadka jaamicadaha/kuliyadaha, meelaha daryeelka iyo kiliinigyada.

Xaaladda degdega ee caafimaadka dadweynaha, kiliniigyadu waxa laga yaabaa inay siiyaan dadweynaha tallaalo iyo daawooyin.



Text adapted from "Are You Prepared?" by the Cass (ND) and Clay (MN) Emergency Planning Partnerships. Adapted with funding provided by Fargo Cass Public Health through the Cities Readiness Initiative (CRI) and Specialized Information Services Division of the National Library of Medicine